Changing With Today

Columbia County Association for Home and Community Education October 2016



Hello to all of my friends,

For the last three hours I have been putting up a fence around a hayfield. Now the cows are happily grazing there as the sun and gentle breeze make it a wonderful fall day.

REMEMBERING THE PAST

I am going to stray from my usual past and tell you about the experience my club had last week.

The Durward's Glen club usually plans an evening out instead of the usual monthly meeting for the month of August. The event was scheduled for our usual meeting night so no one would have other scheduled events. We all went over to Baraboo to a new restaurant, called INVICTUS. This is a Native American restaurant.

Our table was set up for the number of people attending. Beautiful vases of flowers lined the entire table. One wall was filled with displays of dishes, baskets, and other interesting items. There was most likely a story to go with every part of the displays.



When I got into line to get my soup out of this big kettle, I was not sure I liked what a saw, with everyone ladling out into individual bowls. It looked a little thin and not too much to it. But, guess

what? I was trying to bribe the server to give me the recipe before I received my main dish. The soup was made with potatoes and kale. WONDERFUL!!!

After finishing the meal of the biggest serving of lasagna ever, fry bread and cheesecake, the server and cook came to our table and gave us a wonderful talk about their family history and how the restaurant came to be.

There is no set menu. The menu for the day is based on what can be purchased for that day.

Everyone needs to experience INVICTUS. It is located kitty corner from the Coffee Bean Connection.

LOOKING FORWARD

If you live in Wisconsin, you look forward to the changing seasons. And, finishing the garden harvest.

UNUSUAL EVENT

The tire on the livestock trailer blew out when I was hauling three lambs. Better to have it happen to me than have it happen when my brother was hauling eight heavy steers just a few days before. The tire was just too old.

WILD GATHERINGS

If you want a wild plant that gives in more than one way, try the wild grape. Wine, juice and jelly can be made from the fruit. The leaves are also used in cooking. The stems can be used to make wreaths and baskets.

Eating them like a snack takes a little getting used to. The wild grape is very tart. If you can get past the tartness, you



will be eating a very nutritional food. Resveratrol, antioxidants, B1, B6, and Vitamin C can be found in wild grapes, along with manganese and potassium. If you are looking for antioxidants, you can find them in the seed and the skin.

I usually try to make a least one batch of wild grape jelly each fall. It is one of my favorite wild fruit jellies.

If you decide to be adventurous and pick some wild grapes, MAKE SURE YOU KNOW WHAT TO LOOK FOR and NOT PICK A POISONOUS LOOK-ALIKE.

This information came from various websites.

Kay MacLeish HCE President

Announcements/Dates to Remember

Reminder: Elect club officers for 2017 at your club meeting to take office in January. Please be sure to send minutes of this meeting to the UW-Extension office (or otherwise let the office know of any change in officers).

Pay dues of \$12.00 per member by October 1. Make checks payable to CCAHCE and mail to:

Carol Beck N8189 Fenske Rd. Pardeeville, WI 53954



If you are sending a check for multiple people, remember to include a list of the members.

<u>Center Chair Report Schedule:</u> ⇒ August

- August Caledonia/Portage Center WI Dells/Lewiston Center
- ⇒ October Pardeeville Center
- ⇒ December Poynette/Lodi Center



NOVEMBER LEADER TRAINING



Homeschooling in Wisconsin Dawn Wadzinski November 3, 2016—1:30 p.m.—Columbia County Annex

The purpose of this presentation is to share information and demystify the idea of homeschooling to those who are interested. Topics to be covered are: why parents choose to homeschool; how do homeschoolers compare academically and, Wisconsin homeschooling statistics.

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<u>Registration Form</u> Homeschooling in Wisconsin November 3, 2016—1:30 p.m.—Columbia County Annex
Name:
Club/Individual:
Phone:
Return by October 31, 2016 to: LuAnn Olson, UW-Extension, 120 W. Conant St., Suite 201, Portage, WI 53901 OR call LuAnn at (608)742-9688 OR e-mail luann.olson@ces.uwex.edu

BOOKWORMSTM BOOKS

Special sale of Bookworms[™] Books!

After the BookwormsTM reading is done each year there are sometimes extra books that were not needed for classroom distribution because class sizes changed. HCE members now have an opportunity to purchase these softcover books, which are appropriate for preschool children, at a discounted rate. From now until December 1, 2016, you can purchase books for \$2.00 each at the UW-Extension office. (Wouldn't these make great holiday gifts!) The money will go toward purchasing more BookwormsTM books for next year. After December 1, we will be distributing the leftover books to the food pantries in the four communities that currently have BookwormsTM programs (Columbus, Pardeeville, Portage, and Rio) for distribution to families with children.

Here is a list of the books that are available. Note that there are limited copies of some books and when they're gone, they're gone... So you may want to come in to the Extension office soon to make your selection and purchase! The Extension office is open from 8-4:30, Monday-Friday. Cash or check (made out to Columbia County HCE) only; no credit cards.

A Cat and a Dog Balancing Act Bear Feels Sick Cows to the Rescue Giraffes Can't Dance If You Give a Pig a Party L-M-N-O Peas Let's Go Visiting Lola Loves Stories Lola Reads to Leo Rooster's off to see the World The Snowy Day The Very Hungry Caterpillar Tortillas Are Round Up Down & Around Who Has This Tail? Cindy Moo Spoon Wonderful Worms K is for Kissing a Cool Kangaroo Commotion in the Ocean Bark George Ten on the Sled











CULTURAL ARTS RESULTS

CULTURAL ARTS RESULTS FROM STATE CONFERENCE

Congratulations cultural arts entrants at the annual state conference held September 12-14, at the Plaza Conference Center, Eau Claire, WI. The theme was "76 Trombones Leading HCE." The entries were displayed in a much larger room than we've had previously. It made for a beautiful and fun show.

Jennifer Blau-Knitting, Cream Afghan-Durwards Glen-BLUE & <u>MEDALLION</u> Jennifer Blau-Wet Felted Elf/Business Card-Durwards Glen-BLUE Judy Cuff-Crafts, Cards (6)-Sew & So-BLUE Beth Hahn-Poem, "A Village Solace-Tom Williams Requiem"-Individual-BLUE & <u>MEDALLION</u> Betty Hobbs-Oil Painting, Fall Scene-49'ers-BLUE Kay MacLeish-Photography, Color-Plants(flowers)-Durwards Glen-BLUE Dorothy Neitzel-Bed Quilt, Large Pieced, Machine Quilted Prof.-49'ers-RED Phyllis Peterson-Sewing, Recycled Wool Braided Rug-New Settlers-RED Nonalee Savoy-Heritage Skills, Rug Hooking-Sunflowers-Marcellon-BLUE Gertrude Stilson-Photography, Color-Animals-Handi-BLUE Anna Vedder-Photography, Color-Landscape-Individual-RED Kris Young-Sewing, Tote Bag-Country Women-RED

You did an excellent job representing Columbia County as we are up against all the Wisconsin county winners at this one. Thank you all very much as you made everyone "very proud"! A big "thank you" also to the Columbia County attendees that helped get the cultural arts to Eau Claire and back home again. Thanks to the county Extension employees for keeping the projects in safe keeping until we were able to gather them to take to conference. As you can tell it is always a team effort and our Cultural Arts Committee really appreciates it.

Clara Blau entered a beautiful braided rug this year for the Silent Auction. We really appreciated that, also. Each year we accept donations for Silent Auction and/or for a Raffle at the Convention. Thank you.

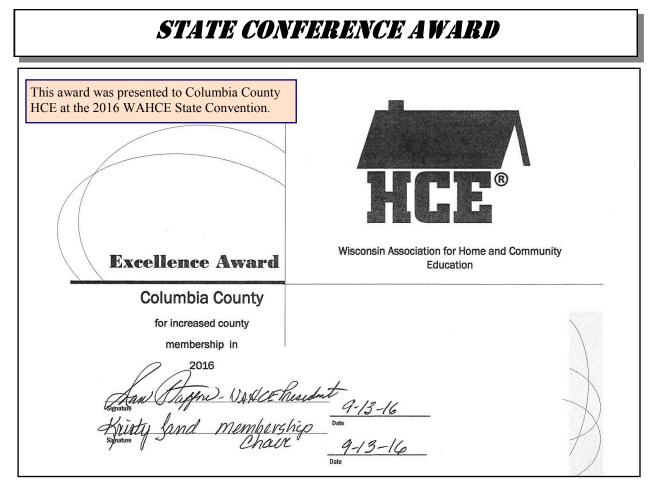
Clara Blau and Gertrude Stilson, CCAHCE Cultural Arts Co-Chairmen











A VILLAGE SOLACE A TOM WILLIAMS REQUIEM By Beth Hahn

7:00 A.M. Sunday

Alert live veterans unfurl Flags And post them at Attention Alongside the Avenue of Heroes. Flanked by sandstone and granite Ornate and Humbled. In the breeze, stripes Stretch And stream in shimmering Memorial Tribute

7:00 P.M. Sunday

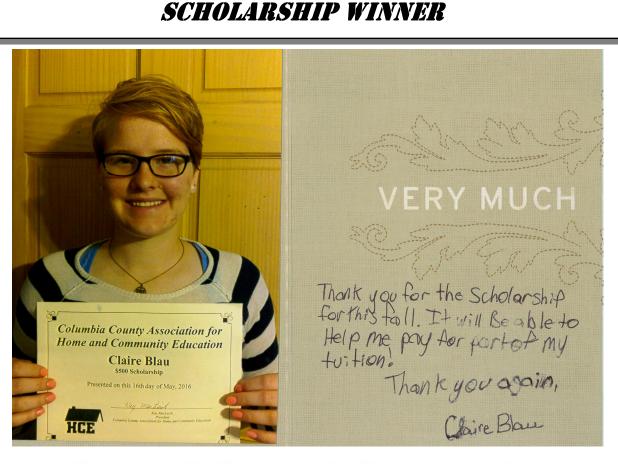
Night Lights due soon to Dim, Diligent Recruits to the Avenue Are Back again Once Flourishing Flags are Re-furled Tenderly, wound by the Tramping Legion Amidst the Grass-side, Car Doors Slam, Good-Byes Resound May We meet again tomorrow.

7:00 A.M. Memorial Monday

Flags freely furl in the New Light. Bright Remembrances mock the Quiet of the cemetery season. Survivor daughters and sons Remember, Wonderings, why, wherefores, whirl wistfully On this Common Ground. Tears rain as the Roll is read And taps sound. Communal sorrow is Saluted, savored.

7:00 P.M. Memorial Monday

Tonight weary sentries patrol among Grave Remembrances Flag, floral and plastic. Winded, Soaring Flags are Again, wound: Some return to the solitude of a Haunted Home Others to Chapel Safekeeping, and Pine-Whispers. Alongside the Avenue of Heroes. Night Lights are due soon to Dim this Village Celebration of solace. Tears rain from the sky and eye. Goodbye. Godspeed friends. May we meet again Tomorrow.







Thank you to all of the great cream puff volunteers who helped at the Columbia County Fair. Included in this list are people who generously donated powdered sugar, napkins, and money for supplies.

Joyce Abegglen Carol Beck Joan Borousk Fran Brende Lois Buckley Tracy Cooper Judy Cuff Edwynna Curry Beth Hahn Linda Heckel Betty Hobbs Margo Holzman Robin Kinnunen Linda Krejchik Avis Link Kay MacLeish Jeanne Minick Bea Pierquet Helen Ring Judy Robbins Mary Ellen Ruesch Gert Stilson Elsie Taylor Betty Telvick Anna Vedder June Waterworth Kris Young Jane Ziehmke



Family Living 120 W. Conant Street, Suite 201 Portage, WI 53901 (608)742-9680 711 for Wisconsin Relay

ADDRESS SERVICE REQUESTED

«F4» «F2» «F6» «F8» «State» «Zip»

Agriculture, Extension, Land & Water Conservation Committee provides oversight to UW-Extension: Mike Weyh (chair) 608-742-2314 JoAnn Wingers (vice chair) 608-348-5837 John A. Stevenson 608-516-1528 Tim Zander 608-948-8216 Steve Attoe (secretary) 608-445-6893

UW-Extension Columbia County Family Living Staff Patti Herman, Family Living Educator Phone: 608-742-9686 <u>patti.herman@ces.uwex.edu</u> Homepage: <u>http:columbia.uwex.edu</u>

Office hours: 8:00 a.m.-4:30 p.m., M-F (call ahead before stopping by to make sure I'm in the office) LuAnn Olson, Administrative Assistant Phone: 608-742-9688 Iuann.olson@ces.uwex.edu



UW-Extension Columbia County Office Staff Jennifer Evans, Administrative Assistant Caitlin Richardson, Nutrition Education Prog. Coord. Kathleen Haas, Community Resource Dev. Educator George Koepp, Agriculture Agent Pat Wagner, 4-H Program Assistant Karen Nelson, 4-H Youth Development Educator

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