

An educational program for families in transition.

This program can help your family:

1. Recognize how children are put in the middle.
2. Utilize good communication skills.
3. Help children lead happier, less stressful lives.

2010 Session Dates

January 13 & 20
February 10 & 17
March 17 & 24
April 14 & 21
May 12 & 19
June 16 & 23
July 14 & 21
August 11 & 18
September 8 & 15
October 13 & 20
November 10 & 17
December 8 & 15

6:00—8:00 p.m.

For more information contact:

Patti Herman
UW Extension
Columbia County
120 West Conant Street
P.O. Box 567
Portage, WI 53901
(608) 742-9686

Monetary support provided by:
Columbia County
Safe & Stable Families

Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as soon as possible prior to the program or activity so that proper arrangements can be made.

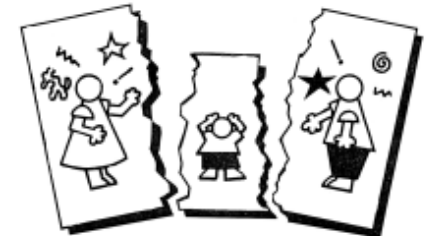
If you need an interpreter, materials in alternate formats or other accommodations to access this program, activity or service, please contact Patti Herman at (608) 742-9686 or patti.herman@ces.uwex.edu as soon as possible (10 days is reasonable) preceding the scheduled event so that proper arrangements can be made in a timely fashion.

UW-Extension
Columbia County

Children in the Middle

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Children in the Middle

How will the Children in the Middle program help me and my family?

The Children in the Middle program teaches participants about the effects of divorce and how parents can help themselves and their children cope better during this stressful transition. Parents learn how to co-parent so that everyone in the family recognizes how children are put in the middle. Parents also learn communication skills that can help their children lead happier, less stressful lives.

While this course is primarily designed for divorcing parents, the skills also apply to parents who were never married and co-parenting a child.

How does the Children in the Middle program work?

Parents will attend two group sessions of two hours each for a total of four hours of class on Wednesday evenings. You must attend both classes within the same month.

- Parents will attend separate sessions and must call individually for the course.
- To complete the course you must turn in your action plan and homework and attend the four-hour training.
- Upon completion of the course you will receive a certificate and a copy will be forwarded to the court.
- Parents will receive a six-part newsletter, "Common Ties", after they complete the program.

How do I register for Children in the Middle?

The program has a \$25.00 per parent fee which must be paid one week prior to the date of the class. (Partial scholarships may be available. Contact the UW-Extension office.)

To enroll, please contact Patti Herman at the UW-Extension Columbia County Office at (608) 742-9686.

After receiving your registration form and class fee, you will be sent a letter confirming your class date and time.

