

## 2017 Session Dates and Times

July 11 & 18, 9-11 a.m.

July 12 & 19, 6-8 p.m.

August 15 & 22, 9-11 a.m.

August 16 & 23, 6-8 p.m.

September 5 & 12, 9-11 a.m.

September 6 & 13, 6-8 p.m.

October 10 & 17, 9-11 a.m.

October 11 & 18, 6-8 p.m.

November 7 & 14, 9-11 a.m.

November 8 & 15, 6-8 p.m.

December 5 & 12, 9-11 a.m.

December 6 & 13, 6-8 p.m.

### For more information contact:

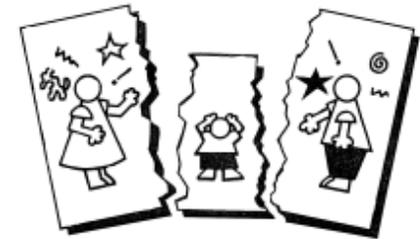
LuAnn Olson  
UW-Extension  
Columbia County  
Administration Building  
112 E. Edgewater St., Rm. 212  
Portage, WI 53901  
(608) 742-9688  
711 for Wisconsin Relay  
luann.olson@ces.uwex.edu

*Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as soon as possible prior to the program or activity so that proper arrangements can be made.*

*If you need an interpreter, materials in alternate formats or other accommodations to access this program, activity or service, please contact Pat Wagner at (608) 742-9685 or pat.wagner@ces.uwex.edu as soon as possible (3 weeks is reasonable) preceding the scheduled event so that proper arrangements can be made in a timely fashion.*

# Children in the Middle

Based on *Parents Forever*™



**UW**  
**Extension**  
Columbia County

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## How will the Children in the Middle program help me and my family?

The Children in the Middle program teaches participants about possible effects of divorce and how parents can help themselves and their children work through this transition. Parents learn how to co-parent in ways that keep children out of the middle of the divorce. Parents also learn communication skills that can help make the divorce transition easier on everyone.

While this course is primarily designed for divorcing parents, the information also applies to parents who were never married and are co-parenting a child.

## How does the Children in the Middle Program work?

Parents will attend two group sessions of two hours each for a total of four hours of class on Tuesdays (daytime) or Wednesdays (evening). You must attend both classes within the same month.

- We find it works out best when parents attend separate sessions and ask that each parent sign up separately. Contact LuAnn Olson at UW-Extension to discuss requests for parents to take the class together.
- To complete the course you must attend the four-hour course and complete the required activities.
- Upon completion of the course you will receive a certificate and a copy will be forwarded to the court.
- Parents will receive a newsletter, “*Common Ties*,” after they complete the program.

## How do I register for Children in the Middle?

The program has a \$10.00 per parent fee **which must be paid one week prior to the date of the class or you will not be allowed in the class that month.** (Scholarships may be available. Contact the UW-Extension office.)

To enroll, please contact  
LuAnn Olson  
UW-Extension Columbia County  
(608) 742-9688  
[luann.olson@ces.uwex.edu](mailto:luann.olson@ces.uwex.edu)